Book Cliff Elementary BEAR BULLETIN







Success is Sweet!



Congratulations to March Growth All-Stars! Roger, Aron, Ayden, Bailey

Genevieve, Gavin Q., Juan (not pictured)



BCE BEARS - CAN BUST THE TEST!

State testing will begin when our students return from Spring Break. They have been working hard all year to reach their learning goals and the end is in sight! Here are a few things we recommend to help prepare for good testing days:

- **Get plenty of sleep!** Health professionals recommend 9-12 hours of sleep for Elementary age students. We know that our brains are more active and alert when we are well rested.
- Eat breakfast! It is hard to think and focus when we are hungry. A healthy breakfast gives our day a great start. Breakfast is available at school from 7:45 am 8:05 am.
- Have a positive attitude and relax! The best test-takers are confident, committed and at ease. This is a time to give your best effort and focus on what you know. If you feel nervous, find something that helps you relax and gives your brain a little break.
- **Listen and follow directions!** Students who are able to listen to all of the instructions and follow directions do better on tests! Take time to read all of the material and use the testing resources that are available.



All tests are broken up into small sections over a few days to help students avoid test fatigue.



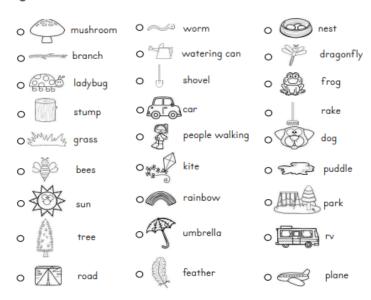
Attendance is very important!

Please make every effort to be at school and on time for testing. Make-up times are available if needed.



Spring Scavenger Hunt





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Upcoming Events @ BCE

Apr. 1st - 5th: SPRING BREAK - no school

Apr. 9 - Testing Kick-off Assembly

Apr. 12 - Spirit Day - Twin Day

Apr. 18 - Great Utah Shake Out ر(ر

Apr. 19 - Mid-term

Apr. 26 - Spirit Day



It is the policy of the Emery County School District not to discriminate on the basis of race, color, national origin, religion, sex, or disability in programs, activities, and employment.